



Massage Therapy – Confidential Information

Date: _____ General Health Status: _____
 Name: _____ Date Of Birth: _____
 Address: _____ Family Physician: _____
 City: _____ Province.: _____ Phone Number: _____
 Postal Code: _____ Emergency Contact: _____
 Phone: (H) _____ (C) _____ Phone: (H) _____ (C) _____
 Occupation: _____ Referred by: _____

Male Female Are you, or could you be pregnant? No Yes

Are you currently taking any medications? (includes aspirin, ibuprofen, etc.) No Yes

If yes, please list medication and condition: _____

Are you currently taking any supplements?: (homeopathic, herbal, etc.) No Yes

If yes, please list supplement and condition: _____

Please list any allergies causing anaphylaxis or skin irritations: _____

Do you have any internal pins, wires, artificial joints, pacemaker, or other special equipment?: No Yes

If yes, Date: _____ Reason: _____

Have you ever been in a Motor Vehicle Accident, sustained Trauma, Athletic Injury, etc?:

No Yes If yes, please explain and state estimated date of occurrence.

Date: _____ Occurrence: _____

Have you ever been diagnosed with or have you ever experienced any of the following?

Please check the appropriate box.

If you have a family history of any of the following please specify by marking an F.

Cardiovascular and Respiratory

- | | |
|--|--|
| <input type="checkbox"/> high / low blood pressure _____/_____ | <input type="checkbox"/> history of myocardial infarction |
| <input type="checkbox"/> chronic congestive heart failure | <input type="checkbox"/> history of cerebro-vascular accident |
| <input type="checkbox"/> heart disease | <input type="checkbox"/> phlebitis, varicose veins, etc. |
| <input type="checkbox"/> hemophilia | <input type="checkbox"/> circulatory problems (Raynaud's, etc) |
| <input type="checkbox"/> chronic cough | <input type="checkbox"/> bronchitis |
| <input type="checkbox"/> emphysema | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> asthma | <input type="checkbox"/> difficulty breathing |

Other: _____

Skin

- | | |
|--|--|
| <input type="checkbox"/> infectious / contagious skin conditions | <input type="checkbox"/> irritated skin conditions |
| <input type="checkbox"/> lack / loss of sensation or numbness | <input type="checkbox"/> hypersensitivity |

Other: _____

Nervous and Musculoskeletal

- epilepsy
- Multiple Sclerosis
- Parkinson's
- arthritis
- bone or joint disease
- joint instability
- tendonitis
- fractured bones
- jaw pain (TMJ)
- Other: _____

General

- hearing impairment
- vision impairment
- cancer / tumors
- undiagnosed lumps
- diabetes
- kidney problems
- liver problems
- digestive conditions
- eating disorder
- gynecological conditions
- recent vaginal birth / abortion
- drug / alcohol addiction / withdrawal
- infectious conditions (HIV, hepatitis, tuberculosis, etc.)
- Other: _____

Have you ever been treated by a massage therapist before?: No Yes

What is the purpose of your visit or primary complaint?: _____

Are you currently being treated by any other health care practitioner(s)?: No Yes

If yes, please explain: _____

If yes, after verbal informed consent with yourself and the RMT, do you give permission for the R.M.T. to consult with other health care practitioner(s)?: No Yes

Do you know what started your **current** condition?: No Yes

If yes, please explain: _____

Are you, or have you ever been treated for this condition before?: No Yes

If yes, type of therapy and when: _____

What aggravates the condition?: _____

What relieves the condition?: _____

AFTER meeting with the Massage Therapist, please print and sign below.

I _____, confirm that all the above information is true and understand that if there is any change in my health status it is my responsibility to inform my massage therapist.

I understand that I may withdrawal my consent for all of the treatments or components of the treatments at any time, and that the treatment will end immediately or be modified accordingly.

I understand that all information in this form and all information provided to the massage therapist is strictly confidential and may only be released with my, the clients', consent.

The massage therapist has answered any questions I had.

I therefore give my consent to begin the proposed treatment plan.

Client Signature: _____ Date: _____

Signature of Parent / Guardian (if applicable): _____

Revision Dates (clients' initials needed) are below